

The Battle Between Old & New

Step 3 Video 2

Key Points:

- There's a daily battle between our old nature and our new nature. **Galatians 5:16-17**

- The freedom we have in Christ is intended to help us love people more, not just live for ourselves.

Galatians 5:13-14

- We participate with God by actively walking "by the Spirit" on a daily basis. **Galatians 5:24-25**

Talk About It:

1. What's your initial reaction to this topic?
2. Give an example of how some people misunderstand the freedom we have in Christ.
3. Read **Galatians 5:16-17**. Share about a time when you were not "free to carry out your good intentions".
4. Read **Galatians 5:22-23**. Which of these is your strongest fruit right now? Which is your weakest?
5. Name one or two things that haven't changed in your life, even though you know they should have. Why has it been difficult to change those things?
6. Make a list of some practical disciplines you can develop to help you walk "by the Spirit".